



**MENTAL  
HEALTH  
FIRST AID®**



**Question**



**Persuade**



**Refer**

**VIRTUAL Mental Health First Aid**

Attend a Mental Health First Aid class to learn an action plan to help individuals experiencing a mental health condition or crisis.

This is an all day training w/ 2 hours of pre-work.

**Youth Mental Health First Aid**

**Monday, March 4th, 2024 @ 9:30AM-3PM**

**Thursday, September 19th, 2024 @ 9:30AM-3PM**

**Adult Mental Health First Aid**

**Tuesday, May 21st, 2024 @ 9AM-3:30PM**

**Tuesday, November 12th, 2024 @ 9AM-3:30PM**

**\*\*2 hours of online, self-paced pre-work MUST be completed prior to the day of the training\*\***

**VIRTUAL QPR Training**

Suicide Prevention Awareness Training - 1 hour training

**Tuesday, February 20th, 2024 @ 10AM**

**Tuesday, April 9th, 2024 @ 12PM**

**Wednesday, August 7th, 2024 @ 1PM**

**Monday, October 7th, 2024 @ 10AM**



These trainings are **FREE** and will be conducted virtually via ZOOM.

To register for any of these trainings please email [suicideprevention.belmont@gmail.com](mailto:suicideprevention.belmont@gmail.com) or register with the **QR code**.

Zoom information will be emailed to you prior to the trainings.



Belmont County Partners in Prevention consists of community members from the surrounding area working toward creating a healthy community. We welcome anyone who might be interested in helping us create change.

Our Vision: Healthy People, Healthy Communities.

Our Mission: To provide prevention information and resources, raise awareness, eliminate stigma, and build a community where individuals and families are well informed, accepted, and empowered to make decisions regarding their wellbeing.